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Presidency University, Bengaluru: A Transformative Campus Life in Liberal Arts & Sciences

A Vibrant Hub of Learning and Growth

At Presidency University's School of Liberal Arts & Sciences, education is more than just acquiring knowledge—it is about cultivating wisdom, creativity, and a deeper understanding of life. The university fosters an environment where students engage in critical thinking, self-expression, and interdisciplinary exploration, preparing them not just for a career but for a meaningful and fulfilling life.

Campus Life: A Blend of Academics and Enrichment

Presidency University offers a dynamic campus life, where students engage in clubs, cultural events, and intellectual forums. The Literary Club hosts book discussions, storytelling sessions, and creative writing competitions, fostering a love for language and expression. The Psychology Society organizes mental health awareness campaigns, behavioural research projects, and interactive seminars, encouraging students to apply their knowledge to real-world scenarios.

The Essence of English Language and Literature Studies

The English Language and Literature program at Presidency University is designed to nurture analytical thinking, communication skills, and cultural awareness. Students delve into classic and contemporary literature, exploring themes of identity, society, and human emotions.

Activities That Enhance Job Prospects and Personal Growth

- **Creative Writing Workshops** – Develop

storytelling and content creation skills, essential for careers in publishing, journalism, and digital marketing.

- **Debates and Public Speaking Events** – Strengthen communication and persuasion abilities, valuable for roles in corporate communications, law, and media.
- **Literary Club and Book Discussions** – Foster analytical thinking and interpretation skills, aiding careers in editing, academia, and research.
- **Theatrical Performances and Scriptwriting** – Enhance creativity and teamwork, preparing students for film, television, and advertising industries.

Creative Writing and Storytelling

- **Collaborative Storytelling** – Students take turns adding sentences to a story, building on each other's ideas. This fosters creativity, teamwork, and improvisation.

- **Flash Fiction Challenges** – Set a word limit (e.g., 100 or 500 words) and encourage students to craft compelling short stories. This sharpens concise writing and narrative skills.

- **Poetry Slams** – Organize poetry readings where students perform their own poems. This enhances self-expression and confidence while making literature come alive.

Dramatic and Theatrical Activities

- **Literary Role-Playing** – Students act out scenes from classic novels or plays, helping them understand character motivations and themes.
- **Scriptwriting and Play Performances** – Encourage students to write and perform original scripts based on literary works. This develops writing, public speaking, and teamwork.



- **Book-to-Film Adaptation Discussions** – Compare books with their movie adaptations, analysing plot changes, character development, and cinematic storytelling.

The Depth of Psychology Studies

The Psychology program equips students with scientific insights into human behavior, emotions, and cognitive processes. Through research projects, counseling workshops, and interactive discussions, students gain a profound understanding of mental health, interpersonal relationships, and social dynamics.

Activities That Enhance Job Prospects and Personal Growth

- **Behavioural Research Projects** – Develop analytical and problem-solving skills, crucial for careers in clinical psychology, HR, and consumer behaviour analysis.
- **Mental Health Awareness Campaigns** – Build empathy and leadership qualities, preparing students for roles in counseling, therapy, and social work.
- **Internships in Counselling Centres** – Provide hands-on experience, enhancing employability in mental health services and corporate wellness programs.
- **Psychology Society Events** – Encourage discussions on human behavior, benefiting careers in marketing, education, and organizational psychology.

Behavioural Experiments and Research Projects

- **Cognitive Bias Demonstrations** – Students participate in activities like the Stroop Effect, where they struggle to name the color of words written in mismatched ink. This highlights automatic thinking and cognitive interference, essential for careers in neuroscience, marketing, and behavioural analysis.
- **False Memory Experiments** – Students recall lists of words related to a theme, often falsely remembering words that weren't present. This helps them understand memory distortions, useful in forensic psychology and counselling.
- **Personality Assessments** – Conducting and analysing Myers-Briggs Type Indicator (MBTI) or Big Five Personality Tests helps students explore individual differences, preparing them for roles in human resources, therapy, and coaching.

Mental Health Awareness and Counselling Activities

- **Peer Counselling Workshops** – Students practice active listening and empathy, gaining skills valuable for careers in mental health services, corporate wellness programs, and social work.
- **Mindfulness and Stress Management Sessions** – Guided meditation and relaxation techniques help students understand stress responses, benefiting careers in clinical psychology, health psychology, and workplace wellness.
- **Mental Health Awareness Campaigns** – Organizing events to destigmatize mental health fosters leadership and advocacy, preparing students for roles in public health and community outreach.

Integrating Academics with Campus Vibrancy

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Beyond Learning: Preparing for Life

The School of Liberal Arts & Sciences believes that education should not just

prepare students for a profession but also for life itself. Through philosophical debates, ethical discussions, and leadership training, students develop resilience, adaptability, and a global perspective. The university encourages community engagement, social responsibility, and personal growth, ensuring that graduates emerge as thoughtful, compassionate, and visionary individuals.

Presidency University's School of Liberal Arts & Sciences offers a holistic educational experience, where students learn, explore, and evolve. Whether through literature, psychology, or interdisciplinary studies, they gain skills that shape their careers and enrich their lives. With a vibrant campus culture, expert faculty, and transformative learning experiences, Presidency University stands as a beacon of intellectual and personal development.

**For more details,
visit the university's official Link for
School of Liberal Arts & Sciences page.**